Spinal Subluxation Degeneration









Textbook Normal

Phase One

Phase Two

Phase Three

- Proper spinal curves
- •Healthy disc spacing
- •Edges of spinal bones are smooth and well-defined
- •Normal Spine provides:
 - 1. Normal Turning & Bending
- 2. Nerve roots exit the spine without interference

- •Stressors upon the spine affect muscle tone and ligamentous structure
 - •Inflammatory reaction on ligaments
 - •thickened, tight spinal ligaments

Abnormal movement at:

- •increased muscle tone
- •spinal alignment changes
 Noted at:

- •Calcium deposited into thickened, tight, malfunctioning spinal ligaments that are now visible on an x-ray
- •Joint surfaces are rough and uneven
- •Disc Height decreased
- Abnormal position of spinal bones
- The above changes cause:
- •abnormal motion of spinal bones
- •Nerve irritation: numbness, tingling

- •Fusion of spinal bones
- Advanced disc height loss
- •Severely limited spinal movement
- •Marked obstruction of nerve openings
- •Nerve irritation due to bone spurs and other degenerative spinal tissues.

Very noticeable:

- •numbness
- tingling
- •muscle weakness
- •organ dysfunction