

What Can Cause A Spinal Subluxation

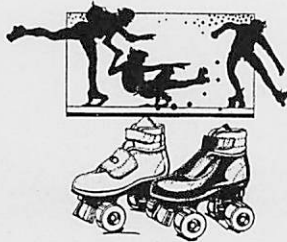
Physical Stressors



physical strain and trauma



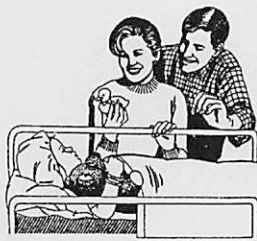
physical strain and trauma



uneven use of the body



unevenly supportive bed



incisions, skin punctures



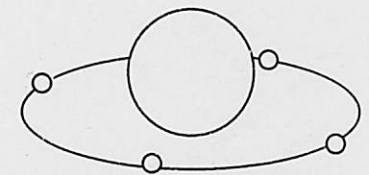
intense steady posture for prolonged amounts of time



compressive strain



compressive strain



changes in barometric pressure/seasons



heels



standing for long periods of time

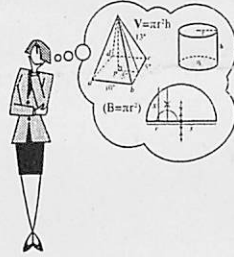


fixed posture



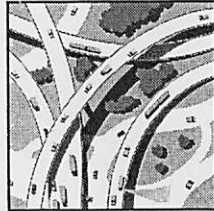
fixed posture

Mental Stressors



•Thinking & sorting a lot of information mentally can be as strenuous to the body as hiking the tallest mountain in the world. Intense mental strain can cause all systems of the body to overwork very hard, putting a surge in the nervous system. Subluxation is a protective mechanism for the body to prevent that.

Chemical Stressors



•Detoxifying the body from chemical toxins such as smog, impurities in water, acids in soft drinks, microbial toxins, etc. can overwork and overload the detoxification and immune systems of the body, putting a surge in the nervous system. Subluxation is a protective mechanism for the body against that.

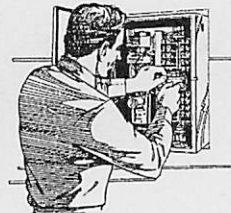
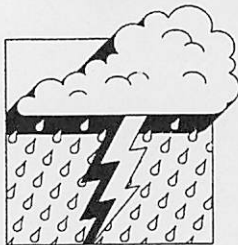
Physical, Mental and Chemical Stressors----->

•spine misaligns-----> pressure on the nerves----->spine heals wrong-----^{2 weeks}----->spine grows wrong
 ----->imbalanced physiology----->imbalanced organ function over time
 ----->lowered genetic potential
 ----->lowered potential for the body's growth and development
 ----->the body can grow wrong

SPINAL ADJUSTMENTS-----> opportunity for the spine to grow right-----> **HEALTH POTENTIAL**



Subluxation & ADJUSTMENTS



The human body is better off without nerve interference.

Throughout life people can get nerve interference in the form of a spinal subluxation.

People can get subluxations from living life on planet earth. At this time in history we are bombarded with stress- physical, mental, and chemical. Subluxations are the body's natural way of protecting itself. Spinal subluxations to your body are similar to a circuit breaker in your home. The human body when faced with overwhelming stress protects itself in the form of a spinal subluxation. Chiropractic Care is similar to electrical work for your home. **Keeping the power ON and BALANCED.**